



RestoraFAST® SoftChews

Supplement Facts
Medicinal ingredients (per softchew) Magnesium hydroxide.....1200mg
DIRECTIONS: Drink a full glass (250mL) of liquid with each dose. The total daily dose may be taken as a single daily dose or in divided doses as appropriate. Children 4-6 years: 1 soft chew per day Children 6-12 years: 1-2 soft chews per day Adolescents and Adults 12 years and older: 2-4 soft chews per day.
USES: Relief of occasional constipation/relief of irregularity. Works with the water in your body to hydrate and soften stools to relieve constipation/restore your body's natural rhythm. Fast relief of constipation in as little as 30 minutes up to 6 hours.
CAUTIONS and WARNINGS: Do not take for more than one week unless directed by a health care practitioner. Do not take within two hours of another medication(s) because the desired effect of the other medicine may be altered. Do not use when fever, blocked intestine, inflamed bowel, severe dehydration, abdominal pain, nausea, or vomiting are present. Do not take if you are allergic to any of the ingredients in this product. Consult a doctor before taking this product if you suffer from kidney disease, are on tetracycline, or have noticed a sudden change in bowel habits persisting for over 2 weeks. Overuse or extended use may cause dependence for bowel function. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition. Discontinue use and consult your doctor. Contains Soy.
NON-MEDICINAL INGREDIENTS: Berry flavour, Corn syrup, Corn syrup solids, Flavour, Glycerol, Hydrogenated coconut oil, Lecithin, Red 40 lake, Sucrose, Water
Other information Store between 15°C-25°C. Do not use if packaging is opened, torn or damaged.
Questions? 1-800-265-7382

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