

RestoraLAX® - Bottle

Drug Facts

Uses ●relieves occasional constipation and irregularity ●generally produces a bowel movement in 1 to 3 days

Warnings

Allergy alert: Do not use if you are allergic to polyethylene glycol.

Do not use ●if you have known or suspected bowel obstruction ●if you have kidney disease, except under the advice and supervision of a doctor

Ask a doctor or pharmacist before use if you ●have *symptoms suggestive of bowel obstruction, appendicitis or inflamed bowel (fever, nausea, vomiting, abdominal pain, or bloating) *any medical conditions ●are *pregnant or nursing *thinking about becoming pregnant • are taking starch-based food thickeners for a swallowing problem. RestoraLAX® may reduce the thickening effect of these products, which increases the risk of choking.

When using this product ●you may have loose, watery, more frequent stools ●nausea, abdominal bloating, cramping or flatulence, diarrhea and excessive stool frequency might occur. If severe, stop use and contact a doctor. ●do not take within 2 hours of another medicine as the desired effect of the other medicine may be reduced ●overuse or extended use of any laxative may cause dependence for bowel function

Stop use and ask a doctor if ●you have rectal bleeding ●your bloating, cramping, nausea or abdominal pain gets worse ●you get diarrhea, especially if you are elderly ●your condition persists or worsens ●you develop an allergic reaction (e.g. rash, swelling, difficulty breathing)

Keep out of reach of children. In case of overdose, stop using this medication, drink water, and call a poison control centre or get medical help right away.

Directions •the bottle top is a measuring cap. Fill the measuring cap to the top of white section which is marked to indicate the correct dose (17 g) •adults (>18 years): take one dose (17 g) daily. Stir and dissolve in 8 ounces (250 mL) of any non-alcoholic beverage (cold, hot or room temperature) and then drink. Ensure that the powder is fully dissolved before drinking. Do not drink if there are any clumps. RestoraLAX® dissolves easily and completely in everyday beverages like water, juice, coffee, or tea •do not take more than directed, unless advised by your doctor •the safety and efficacy of RestoraLAX® for use in children under 18 years of age have not been established. Children 18 years of age or under: ask a doctor •do not use more than 7 days, unless recommended by a doctor

Other information ●store 15-30°C ●tamper-evident: do not use if foil seal under cap is missing, open or broken.

Inactive ingredients none

Questions? 1-800-265-7382