



RestoraFIBRE® Daily Gummies

Supplement Facts
Inulin (<i>Cichorium intybus</i> L. (Chicory) - root).....2 g per gummy
DIRECTIONS: Adults (18 years and over): Chew 2-3 gummies twice a day. Take with at least 240mL of liquid. Take 2 hours before or after taking other medications or natural health products.
USES: Source of fibre for the maintenance of good health. Helps support and maintain a healthy digestive system. Helps provide gentle relief of constipation and/or irregularity. Helps stimulate the growth of healthy bacteria (such as bifidobacteria) in the intestine/gut. Prebiotic.
WARNINGS: Consult a health care practitioner if symptoms worsen or if laxative effect does not occur within 7 days. Consult a health care practitioner prior to use if you have symptoms such as abdominal pain, nausea, vomiting or fever (as these could be signs of other serious conditions). Consult a health care practitioner prior to use if you are experiencing a sudden change in bowel habits that has persisted for more than 2 weeks, undiagnosed rectal bleeding, or have failed to defecate following the use of a laxative product. Consult a healthcare practitioner prior to use if you have diabetes. Stop use if hypersensitivity/allergy occurs. May cause temporary gas and/or bloating.
NON-MEDICINAL INGREDIENTS: Water, gelatin, lactic acid, flavour (cherry, lemon, orange, strawberry, apple, grape), monk fruit extract, carrot juice, pumpkin fruit, black currant fruit juice concentrate, apple juice concentrate, cherry fruit juice concentrate, <i>Aronia melanocarpa</i> (black chokeberry) fruit juice concentrate, elderberry juice concentrate, coconut oil, rapeseed oil, carnauba wax, beeswax.
Other information Store between 15-25°C. Keep out of reach of children. Do not use if seal under bottle cap is missing or broken.
Questions? 1-800-265-7382