

## RestoraFIBRE+® 6in1 Health Support

## **Supplement Facts**

## Medicinal ingredients (per Gummy) \*

Inulin ( <i>Cichorium intybus</i> (Chicory) - Root)	2 g
Vitamin E (Dl-alpha tocopheryl acetate)	3.4 mg AT
Niacin (Niacinamide)	10 mg
Vitamin B6 (Pyridoxine Hydrochloride)	1 mg
Vitamin B12 (Cyanocobalamin)	2.5 mcg
Panthothenic acid (Calcium D-pantothenate) .	1.25 mg
Chromium (Chromium (III) picolinate)	30 mcg

\*For minerals, the medicinal ingredient quantity represents the amount of the element per dosage unit.

**DIRECTIONS: Adults (19 years and over)**: Chew 2 gummies twice a day. Consult a health care practitioner for use beyond 6 months.

**USES:** Helps provide gentle relief of constipation and/or irregularity. Helps stimulate the growth of healthy bacteria (such as bifidobacteria) in the intestine/gut. Helps support and maintain a healthy digestive system. Helps to support: • Immune function • Normal blood glucose levels • The body's ability to metabolize nutrients. Source of antioxidants for the maintenance of good health.

**WARNINGS:** Do not use this product if you are pregnant or breastfeeding. Do not use if you have fever or any undiagnosed gastrointestinal trouble. Consult a health care practitioner prior to use if you have diabetes. Consult a health care practitioner if symptoms worsen or if laxative effect does not occur within 7 days. When using this product you may experience temporary gas and bloating. Stop use if hypersensitivity/ allergy occurs.

**NON-MEDICINAL INGREDIENTS:** water, gelatin, L-Lactic acid, monk fruit extract, flavour (sour cherry, orange, lemon, grape, strawberry, apple), carrot juice, black currant fruit juice concentrate, apple juice concentrate, pumpkin fruit, cherry fruit juice concentrate, *Aronia melanocarpa* (Black chokeberry) fruit juice concentrate, elderberry juice concentrate, palm oil, carnauba wax, beeswax white.

**Other information** Store between 15-25°C. Keep out of reach of children. Do not use if seal under bottle cap is missing or broken.

Questions? 1-800-265-7382