



RestoraLAX® - Mix-In Pax

Drug Facts	
Active ingredient (w/w) 100% Polyethylene Glycol 3350.....	Purpose Laxative
Uses •relieves occasional constipation and irregularity •generally produces a bowel movement in 1 to 3 days	
Warnings Allergy alert: Do not use if you are allergic to polyethylene glycol. Do not use •if you have known or suspected bowel obstruction •if you have kidney disease, except under the advice and supervision of a doctor Ask a doctor or pharmacist before use if you •have •symptoms suggestive of bowel obstruction, appendicitis or inflamed bowel (fever, nausea, vomiting, abdominal pain, or bloating) •any medical conditions •are •pregnant or nursing •thinking about becoming pregnant • are taking starch-based food thickeners for a swallowing problem. RestoraLAX® may reduce the thickening effect of these products, which increases the risk of choking. When using this product •you may have loose, watery, more frequent stools •nausea, abdominal bloating, cramping or flatulence, diarrhea and excessive stool frequency might occur. If severe, stop use and contact a doctor. •do not take within 2 hours of another medicine as the desired effect of the other medicine may be reduced •overuse or extended use of any laxative may cause dependence for bowel function Stop use and ask a doctor if •you have rectal bleeding •your bloating, cramping, nausea or abdominal pain gets worse •you get diarrhea, especially if you are elderly •your condition persists or worsens •you develop an allergic reaction (e.g. rash, swelling, difficulty breathing) Keep out of reach of children. In case of overdose, stop using this medication, drink water, and call a poison control centre or get medical help right away.	
Directions •adults (>18 years): take one dose (17 g) daily. Stir and dissolve in 8 ounces (250 mL) of any non-alcoholic beverage (cold, hot or room temperature) and then drink. Ensure that the powder is fully dissolved before drinking. Do not drink if there are any clumps. RestoraLAX® dissolves easily and completely in everyday beverages like water, juice, coffee, or tea •do not take more than directed, unless advised by your doctor •the safety and efficacy of RestoraLAX® for use in children under 18 years of age have not been established. Children 18 years of age or under: ask a doctor •do not use more than 7 days, unless recommended by a doctor	
Other information •store 15-30°C •tamper-evident: do not use if foil seal under cap is missing, open or broken.	
Inactive ingredients none	
Questions? 1-800-265-7382	